

Sing, Study, Celebrate, Dream NHC's Havurah! Winter Retreat.

National Havurah Committee
25th Winter Retreat

Craigville Conference Center,
Hyannis MA

December 16-18, 2011



Studying Torah and celebrating a musical Carlebach-style Kabbalat Shabbat service begin our weekend together. Friday evening continues with dinner, singing, and study sessions. On Saturday and Sunday, take time for spirited prayer, or walk on the beach, study accessible texts, learn and sing new songs, stretch your body and your mind.

Craigville Conference Center is a collection of quaint 1890's style Cape Cod houses and picturesque village lanes, located on a bluff overlooking the Atlantic at Craigville Beach. Ponds and wildlife preserves complete the spiritual setting.

Accommodations are simple, uncrowded, and comfortable. Single rooms are available. Meals are kosher, dairy / fish.

Courses are scheduled on Friday night, Saturday afternoon, Saturday evening, and Sunday morning. A final schedule will be available when you arrive at Craigville. For full course descriptions and more information, please visit our website at www.havurah.org/ne-retreat.



Special Performance Tales from the Crypt – True Stories from the Mysteries of Life

This performance is based on a series of stories which emerged from the artist's experiences as she explored mysteries, the occult and the inexplicable. It will stimulate deeper thinking about important questions we face in life - including the life, death and the worlds of the soul.

Presented by Andrea Cohen-Kiner.

1 Dreams in Torah - Dreams are a sacred window into the unfolding future. We will explore ways in which the text depicts dreams in the lives of individuals, families and communities.

Alan Ullman travels around New England teaching Torah as a spiritual path.

2 Judaism and Silence - Our sages sat together in silence for an hour before beginning their prayers and study. Why? What do we "do" in silence? We'll study teachings of why and how to meditate.

Yoheved Sheila Katz teaches Jewish Meditation at Nishmat Hayyim and around the country.

3 The Creative Process through Jewish Eyes - By exploring the creation narrative of Genesis, we will discover four steps in the Jewish creative process and learn how we can incorporate them into our daily lives. This workshop will leave you with new ways to approach the unknown, innovation, and the concept of holiness.

Cherina Eisenberg, a recent NHC Everett Fellow, is a rabbinical student at ALEPH.

4 Can Halachah make a Mensch out of you? - Can following a list of rules make you into a decent human being? There are five rabbinical concepts that seem to argue that it can't. If so, what more do you need? What accounts for the current interest in our community in more traditional observance? Is it a revival of halachah as traditionally understood or something else?

Solomon Mowshowitz (Mosh) is a past NHC Chair who teaches Immunology at Columbia and is a provocative and stimulating longtime NHC teacher.

5 Bible Stories You Didn't Learn in Hebrew School - Rape. Murder. Incest. Even child sacrifice. We will read biblical stories that our religious teachers somehow never got around to teaching. English translations will be used.

Ronnie Levin holds a graduate degree in Bible, and is a popular Havurah teacher.

6 Thou Shalt Not Covet - What does our tradition say about the tenth commandment? What exactly does it forbid? Is it possible to fulfill this expectation? May one covet another's covetlessness?

Joe Rosenstein is a former NHC Chair and author of Siddur and Mahzor Eit Ratzon.

7 We're Not Farmers, but Our Ancestors Were - We will explore how our ancestors' vital connection to the land and their agrarian wisdom can give us better insights into reading and living our holy texts in the 21st century.

Andrea Cohen Kiner is a story teller, teacher, and the spiritual leader of Cong. Pnai Or of Central CT.

8 The Magic Number 42 - The Hasidic master Baal Shem Tov taught that everyone undergoes 42 spiritual journeys as life unfolds, just as the Israelites traversed 42 'stations' in the desert. We will examine how this week's Torah portion relates to our own spiritual journeys.

Carl Woolf teaches mystic meditation and is an ALEPH rabbinical student.

9 God the Beloved: A New Liturgical Poem - We will study an original poem that weaves Biblical images of God into a single experience of one person's search to understand God.

Aliza Arzt is a member of Havurat Shalom in Somerville.

10 Perspectives on the Shoah - In the first session we will discuss Where was God during the Shoah? Our second is a discussion of "how have the perceptions of the Shoah influenced the Arab-Israeli conflict?"

Raphael Colb is a graduate of the International Seminar for Holocaust Educators at Yad Vashem in Jerusalem.

11 Chanting with Song and Silence - Through the practice of raising one's voice in prayerful repetition of a sacred phrase, the interplay of sound and silence can lead to a profound sense of self as it relates to one's practice of Judaism and participation in the larger community.

Rayzl Feuer is a Mashpiah Ruchanit (Spiritual Counselor) who leads the PNAI shORE Havurah on the shoreline of Connecticut.

12 - Prayers for a Good Night's Sleep - We will look at themes of forgiveness, faith, and protection in prayers and songs recited at bedtime.

Miriam Diamond is a published author on religio-spirituality, and a poet in both Hebrew and English.

13 Song of the Soul - Our Sages describe many ways in which song reveals our inner soul and links us to Divine knowledge. We will explore the teachings of Maimonides, Rav Kook and others to uncover new meanings to the song of the soul.

Louis Rieser studies meditation through the Jewish Meditation Institute Jerusalem with Rabbi Natan Ophir.

14 - A Woman's Voice - The Talmud says that "The voice of a woman is *ervah* (indecent, shameful, lustful, lewd, or distracting). Is there really a halachic ban on women speaking, praying or singing? We will explore issues and texts associated with Kol Isha.

Rahel is an award-winning singer-songwriter, an educator, and music practitioner.

NHC Winter Retreat Registration Form

Registrant 1's Name	Course Preferences To assist us in scheduling, please list the numbers of four courses from the reverse side that each registrant would most like to take. The final schedule will be provided when you arrive in Craigville.
Day Phone	
Eve Phone	
Email	
Home Address	
Registrant 2's Name	
Day Phone	
Eve Phone	
Email	
Home Address	
Names and Ages of Children	

- I would like to share a room with: _____
- I need a ride to / from the Retreat.
- I can offer a ride to ____ people from my area. Have them call me.
From where? _____ When? _____

We will confirm your registration by email unless you check the box below.

- I don't have email. Please send a printed confirmation by US Mail.

If you have special dietary, accessibility, or other requirements, please include a note describing your needs.

Fee Schedule

Program, Room, and Meals Fee:

- Adult, Over Age 29, NHC Members
- Adult, Over Age 29, Non NHC Members
- Adult, College Student or thru Age 29
- Child, Bar/Bat Mitzvah thru High School
- Child, Ages 6 thru Bar/Bat Mitzvah
- Child, Ages 0 to 5

Cost	Number	Total
\$275		
\$295		
\$195		
\$165		
\$125		
\$ 70		
\$110		
\$ 14		

Private Bedroom Surcharge

Towel/Linen Rental

SubTotal:

* Subsidies: (as described)

**Optional Insurance (+10% of Subtotal)

Optional Individual NHC Membership

Optional Family NHC Membership

Late Fee (after November 19th)

***Tax-Deductible Contribution

Total Payment:

\$ 40		
\$ 80		
\$ 25		

Volunteer

How can you help?

- Help with Friday Registration
- Help lead Shabbat Morning services
(Which parts?) _____
- Read Torah
- Read Haftarah
- Help lead Minchah
- Help lead Saturday Night Ma-ariv
- Help lead Havdalah
- Help lead Sunday Morning Minyan
- Help with phone calls or logistics before the retreat



Register by November 28, 2011 to guarantee your space and avoid the late fee. All fees must be received in advance and are not refundable. We cannot accept "on-site" registrations. The late fee is waived for attendees who also register for LimmudBoston. (See below.)



* Subsidies. If you include a copy of your LimmudBoston 2011 receipt, you may deduct the cost of your LimmudBoston registration from your amount due for the NHC Winter Retreat. Participants who live in New Hampshire, Maine, or Vermont may deduct 15% from their fees.

** Insurance. With an additional "insurance" payment of 10%, fees may be applied to the 2012 NHC Winter Retreat in the event that weather or serious illness prevents you from attending this retreat.

*** Contribute. Your tax deductible contribution enables us to subsidize those who might otherwise not be able to attend the retreat.



To register, complete this form and send it, with your check, payable to NHC New England Retreat, c/o Steve Lewis, 25 Ellison Road, Newton, MA 02459.

NHC Winter Retreat Co-Chairs:

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