

NATIONAL HAVURAH COMMITTEE 40th Summer Institute July 29 – August 4, 2019 • University of Hartford Program Guide



Hazak, hazak v'nithazek Be strong, strong, and strengthen each other

Jews mark the completion of reading each book of Torah with a powerful ritual. The community stands together and recites this phrase in full voice: "*Hazak, hazak v'nithazek*" — be strong, strong, and strengthen each other.

Our gathering this week, as we complete the reading of the book of *Bamidbar*/Numbers, is our 40th annual National Havurah Committee Summer Institute. As we celebrate this milestone year in our vibrant, intergenerational community, we will strengthen one another by reflecting on our vibrant history and dreaming of possibilities for our future.

May we be grow and be strengthened in community as we teach and learn, sing and dance, pray and play!

2019 Institute Song by Hanna Tiferet Siegel

Hazak, hazak v'nithazek, v'nithazek (2 x) Let us be strong, strong and strengthen each other Strong, strong and strengthen each other

Opening Ceremony: Welcome to our 40th annual gathering! Monday, 5 - 5:45 PM in Konover

Before dinner, we gather for the first time as a community, introduce the theme of this year's Institute, and meet the key players who help make the week happen. Come learn our theme song *Hazak*, *hazak* v'nithazek! We look forward to seeing everyone there.

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Online Resources During Institute

Wi-Fi at University of Hartford

There are two Wi-Fi networks available for use.

To connect to the network "hawknet" (might only need to happen one time on each device):

- On Android for "CA Certificate", select "do not validate" (if this is an option).
- For "username"/"identity" enter "sc-nhi" (all lowercase).
- On Android, leave "anonymous identity" blank.
- For "password", enter: "R3p0rt3r\$" (capital R; numbers: 3, 0, 3; symbols: \$).
- Click "connect" / "join".
- On Mac, accept the dialog asking about certificate.

To connect to the network "hawknet-guest" (will time out and need to be repeated):

- Open a new page on a web browser or let your phone/computer automatically open one.
- Do not choose the Google+ option.
- Enter your email address.

Updated connection instructions will be available online at

https://havurah.org/institute2019/connect/ if necessary. Catch 22, but maybe you can find someone else to bring it up for you?

Online Map

The online map contains the same information as the map in this guide, but you can also zoom in!

https://havurah.org/institute2019/map/

Online Calendar

The online calendar will be updated as necessary.

https://havurah.org/institute2019/calendar/

Volunteers and Staff

Summer Institute is co-created by hundreds of volunteers working together, supported by a staff of two. If you have questions or comments during the week, please address your feedback to the proper person.

Day Heads

There is a "Day Head" who is available to field logistical and program questions and to make announcements at meals. All program-related questions or comments should be directed to the Day Head, who can help direct you to the appropriate person. The Day Heads are listed in each of the daily schedules.

Staff

Hannah Hurwitz, program director Alyse Portrera, operations director

Volunteers

Core Planning Team: Malkah Binah Klein, Josh Soref, and Bobbi Teva **Kitchen Liaison**: Nancy Wygant: Please share requests with Nancy rather than with the kitchen staff.

On-Site Accessibility Liaison: Jessica Belasco

Welcoming First-Timers: Arlene Paul, Ruth Goldston, and Yavni Bar-Y am **Kids C amp**:

Tiferet Nashman, director

• Sapira Cahana and Talia Laster, assistant directors

Shuk: Sharon Wainshilbaum

Evening Childcare Coordinator: Yael Kalman, Cathy Bowers

Shabbat Coordinator: Debby Sommer

Community Council: Judith Geller (chair), Mattea LeWitt, Josh Goldston

Peek, Deborah Hirsch Mayer, and Alan Livingston

Advocate for those in Recovery: Ilan Glazer (732-735-8287)

On-Site Volunteer Coordinator: Aliza Arzt

Eruv Coordinators: Taeer Bar-Y am and Harpo Jaeger

Family Buddies: Bracha Laster

Malachei HaSharet (security): Harpo Jaeger and Marga Hirsch

Course Committee: Leah Staub and Adina Rosenbaum

Traditional Egalitarian Minyan: Ad am Levine and Ethan Merlin Zeitler Fellows Progr lam: Brandon Bernstein and Hilary Lustick

The NHC Board

The board of the National Havurah Committee works year-round, overseeing the fiscal management, policy-making, and volunteer sustainability of the NHC.

• Chair of the Board: Tara Bognar

• Treasurer: Nava Szwergold

• Secretary: Ad am Levine

· Vice-Chair: Darius Sivin

· Immediate Past Chair: Joline Price

 Members at Large: Abigail Bellows, Emily Fishman, Saul Glass-Siegel, Susan Gulack, Lisë Stern, Ari Weisbard, and David A.M. Wilensky

Campus Contact Information and Emergencies

Summer Housing Office

For housing issues (plumbing, electric, air conditioning, lock-outs, lost keys, cleanliness of common spaces, etc.) visit the Summer Housing Office in Konover, call 860-768-7859, or email smhousing@hartford.edu.

Monday: 5:15 - 8 PM

• Tuesday-Saturday: 8 AM - 7 PM

For urgent housing matters after hours, call the Summer Housing Office on-call number at 860-751-8863.

If you will be checking out before normal check-out time on Sunday morning, check out at the Summer Housing Office on Saturday, 9 - 10:30 PM.

Public Safety

- In case of emergency, call 860-768-7777 or 7777 from any university phone.
- For after-hours non-emergencies, such as late-night noise complaints, call 860-768-7985.

Lost and Found

An area for lost and found items is located near the entrance to the Dining Hall. Valuables should be brought to Public Safety.

Emergency alerts

You can sign up for the campus text message notification service. Emergency alerts will be sent via text message to cell phone numbers registered with the university. Sign up at havurah.org/institute2019/alerts to receive alerts.

Medical Care

In the event of a true emergency, call Public Safety (860-768-7777) or 911, not the NHC medical team.

For most routine, non-critical questions, please call your own physician's office. Members of our NHC Summer Institute community with medical backgrounds have offered to be available to help sick or injured attendees decide how and where to get care if they are uncertain about what to do. There are several urgent care facilities nearby. See below for addresses and phone numbers.

The NHC office and the Day Head have the contact information for each day's on-call physician/RN volunteer. Please be respectful of their time; for example, avoid requesting medical help during class time. The NHC Office has a very basic first-aid kit. The on-call doctor/RN does not have first aid equipment or medications. If you are a physician or nurse and would like to help, talk with Jeremy Golding, the physician coordinating the medical team.

Urgent care and emergency care in the immediate area

New England Urgent Care
21 North Main Street, West Hartford, CT 06107
(860) 236-3911
Hartford Health Go-Care
336-A North Main Street, West Hartford, CT 06117
(860) 200-7701
gohealthuc.com
AFC Urgent Care
1030 Boulevard, West Hartford, CT 06119
(860) 986-6440
St. Francis Hospital
114 Woodland Street, Hartford, CT 06105

(860) 714-4000 Security group

The *Malachei Hasharet* is a new group of NHC volunteers with training in first aid or incident management. During times when our entire community is gathered, *Malachei Hasharet* representative(s)-on-duty will be present and identifiable by their backpack with a red *magen david* (Jewish star) on it. Please ask Harpo Jaeger (413-329-0274) if you have any questions.

Nametags

All Institute participants are asked to wear their nametags throughout the entire week, including on Shabbat. Nametags help us get to know each other and identify us as Institute participants. You will not be admitted to a meal if you are not wearing your nametag.

In addition to basic identification, you can get a lot of information from a badge if you know what to look for!

Pronouns

Listing pronouns on nametags provides clarity, helps make sure everyone knows which pronouns to use for each person, and reduces the burden placed on transgender and gender non-conforming people to advocate for themselves.

Colored dots

Some people will have colored dots on their nametags. Here's what they mean:

- Green: First-time Institute participants. If you see someone with a green dot, please make an extra effort to introduce yourself!
- · Blue: Teachers
- Orange: Core planning team members
- Red: Zeitler fellowsYellow: NHC board
- Purple: Community council

Communication clips

People have different need for communication throughout the day and week. Taking direction from the Autistic Self-Advocacy Network, we will be offering colored paper clips to affix to nametags to use as communication badges:

- Green clip: Please interact with me.
- Yellow clip: Please interact only if we already know each other.
- Red clip: Please do not interact with me.

Take a set even if you don't anticipate needing any setting other than green! Attach to your nametag the color that is relevant to you in the moment. Please respect what people ask for in terms of interaction at any given time.

These are only visual symbols. Please alert any visually-impaired people near you of the colors displayed by those around you.

Social butterflies

Those with butterfly stickers on their badges are indicating that they are happy to talk to you any time you need a companion!

Institute Administration

Visit the Institute office on the second floor of the Gray Conference Center (GCC). There are basic first-aid supplies in the Institute office. Please note that office staff cannot administer first aid.

Feel free to come speak with us during the office hours:

- Tuesday, Wednesday & Thursday
 - 8:30 AM 11:30 AM
 - 1:00 PM 4:30 PM
- Friday
 - 8:45 AM 11:15 AM
 - 1:00 PM 3:00 PM

The office is closed in the evenings.

If you have matters you need to go over with the office, please do so by Thursday.

Respect the staff

When you see office staff outside of the office, please refrain from asking them NHC questions (or giving them information). Please be especially mindful that all office staff are off duty on Shabbat.

After hours

When the office is closed, questions or comments can be directed to the Day Head (see page 2), or you can leave a note in the envelope outside the office.

Housing assignments

If you would like to change your housing assignment, please come to the NHC office, and we will do our best to accommodate you.

Announcements and Messages

At the entrance to the Dining Hall, the announcement board displays new information, sign-up sheets for specific activities, personal messages, and changes to the schedule. Post your announcements in the space provided.

Announcements will be made each day by the Day Head at meals and evening programs. If have an announcement, please provide a clear written copy of the announcement to the Day Head. Please also neatly post your announcements on the announcement board.

Checkout

Be sure to return swipe cards and keys for each of the participants in your group.

- Note that lost metal keys cost \$150 to replace and that there is a \$25 fee for bedroom furniture that is out of place or damaged.
- At check-out, you will be given the opportunity to donate your \$30 key deposit to the NHC.
- When you leave on Sunday, the furniture needs to be set up in the same way as you found it or you may be charged \$25.

Sunday checkout

Checkout on Sunday is in the Dining Hall 8:30 a AM -11 AM (pausing for the closing program 9:30 AM -10:15 AM). Please vacate your room by 11 AM.

Early checkout

If you are leaving before Shabbat, be sure to check out at the Institute Office (GCC) by 2:30 PM on Friday. Those leaving Saturday night should go to the Summer Housing Office (Konover) 9 - 10:30 PM to check out. If you are leaving at any other time, be sure to make arrangements with the Institute Office early in the week.

Campus and Facilities

Printing

Harrison Library (located in Harry Jack Gray Center)

Parking

Parking permits will ideally have been purchased on-line and printed at home. These need to be displayed in the front window. If you need to buy a parking permit, please go to https://havurah.org/institute2019/parking/.

The Institute Office (GCC) can direct you to a printer for your parking permit. Parking overnight is allowed only in the lot to which you are assigned. For temporary parking, you may park in the F Lot. Those with a handicapped parking permit may park in any handicapped spots in campus lots at any time, including overnight.

Laundry

Free washers and dryers are located in the basement of the housing complexes and on each floor of Hawk Hall. If you don't find laundry soap, try the campus bookstore.

Phones

In an emergency, dial 7777 from any blue-lit campus phone.

Smoking

Smoking is not allowed indoors, including in bedrooms. Smoking outdoors needs to be more than 10 feet away from any doors or windows.

Cleaning up

Please take care of our communal space and clean up after yourselves. We are using the classrooms for many different activities, so please straighten up after each session. Thank you!

Children at Institute

Children are valued members of the Institute community and are encouraged to participate in most community-wide events. To support parents/guardians in caring for their children, Family Buddies are available. To request a Family Buddy or to volunteer to serve as a Family Buddy, contact Bracha Laster by leaving a note for her on the message board in the Dining Hall.

Parents/guardians of children are responsible for supervising them during meals, communal programs, and free time. The NHC cannot assume responsibility for unsupervised minors.

Kids Camp

Camp runs 9 AM - 12:15 PM and 1:30- 4:40 PM, Monday-Thursday. On Friday, Kids Camp ends at 3:20 PM and guardians are invited to the Kids Camp closing. There is no Kids Camp on Shabbat. On Shabbat morning, family programming is offered, and families may also organize informal Shabbat childcare sharing.

Shabbat Dinner

An early Shabbat dinner for families of younger children will be offered at 5 PM Friday in the Dining Hall Annex at the back of the dining room, behind where hot tea is served.

Evening Childcare

For families who have registered in advance, evening childcare is available in Hawk Hall for children over 6 months. For questions, contact evening childcare coordinators Yael Kalman and Cathy Bowers by leaving a message on the message board in the Dining Hall.

Working Together for Accessibility

We invite everyone at Summer Institute to read this section. Accessibility of all kinds is a core value of the NHC, and we strive to make our Summer Institute a smooth experience for all.

Our community includes people with disabilities of various types, both long-time attendees and newcomers. There are also participants who do not identify as having a disability, but have specific requests for making the week easier for them. Please contact accessibility@havurah.org to discuss any needs you have. See below for efforts to make our community activities accessible and ways you can help.

Accessibility Tours

Campus tours have been scheduled for Monday, leaving from a point near registration. If you have questions regarding access and location of facilities, priority parking, or other special needs, please contact the Institute Office (GCC).

Assistance Etiquette

To aid someone with a disability or someone who might benefit from assistance, ask an empowering question such as "How can I help?" instead of acting on an assumption of what they might need.

Building Accessibility

We strive to locate classes, workshops, and community events in buildings that have wheelchair access. Please keep the hallways and outdoor pathways clear of bookbags, supplies, and furniture. If a space is not accessible to a participant, be sure to let the Institute Office (GCC) know promptly so accommodations can be made.

Cafeteria Assistance

A volunteer will be located in the dining hall at the beginning of lunch and dinner to assist folks who desire an extra hand while going through the line and getting seated. We recommend that those who need assistance arrive for early dinner, when the dining room is less crowded.

Cafeteria Quiet / Low-Traffic Space

The Dining Room Annex, which is at the far side of the dining room beyond the hot tea area, is reserved for individuals who need a lower-traffic, quieter area to eat. For Shabbat lunch, the Private Dining Room will serve this role.

The area of the dining room to the left of the entrance also tends to be a quieter area.

Campus Guides

Some of our participants with vision or mobility needs choose to request guides to help them navigate to and from their destinations each day. This is a great way to get some one-on-one time with a potential new friend or to get some extra walking in if you like to stretch your legs. To volunteer, contact Jessica Belasco.

Captioning

Community-wide programming will be live-captioned. Words will be transcribed and/or summarized by volunteers and projected on a screen or wall. Josh Soref is offering a Tuesday morning workshop in GSU 341 for those who would like to learn how to help with captioning at the evening programs. A note regarding ASL interpretation: Unfortunately, we will not have ASL interpretation this year. If you are interested in discussing ASL interpretation for a future Institute, please contact accessibility@havurah.org.

Chemical/Scent Sensitivity

To help everyone breathe easy, please do not spray bug spray or scented sunscreen in enclosed spaces. Please be mindful of others' sensitivities when applying perfume or scented hair and skin products.

Community Announcements and Large-Group Programs

Day Heads will make all community-wide announcements.

Announcer Best Practices

If you are speaking to a smaller group at a workshop, late night program, etc., please keep the following guidelines in mind in order to be audible and accessible to all participants:

- Wait until chair shuffling, applause, or other noise has quieted before speaking.
- Signal by raising your hand before beginning to speak.
- If a microphone is available, use it!
- Keep your hands away from your face and try not to turn your back to the listeners.
- Wait in place for a few minutes after making announcements to see if anyone comes up to you for further clarifications or if they couldn't hear the announcements. Post a copy of all announcements on the community bulletin board.

Listener and Community Member Best Practices

Upon seeing a raised hand or signal for silence for announcements, please quiet down and encourage others to quiet down. During large-group programs, please be mindful that extraneous noise or conversation can prevent others from taking part in the program. If you want to have an extended conversation, go to another space.

Golf Carts for Getting Around Campus

Golf cart shuttles will leave from in front of the Hawk's Nest 15 minutes and 5 minutes before classes, workshops, and evening programs. It will do the reverse trip 5 minutes and 15 minutes after classes end. Designated volunteers will drive all golf cart shifts, coordinated by the On-Site Volunteer Coordinator, Aliza Arzt. If you need help with transportation to other events or locations, please contact the Day Head or Accessibility Coordinator (see page 2).

Space for Breaks

We will designate spaces near programming for anyone who needs some peace and quiet.

Text Formats

With advance notice, we are able to provide all written materials in Braille, large print, and digital screen-reader accessible formats, for those who are blind, low vision, or need longer to process written information.

National Havurah Committee Community Council

The Community Council addresses concerns about individual behaviors that make a community member uncomfortable or violate community standards. The Council is empowered to respond to individual incidents, with the possibility of appeal to the NHC Board. Please bring any concerns, which will be handled confidentially, to the attention of the Community Council by leaving a note in the labeled envelope at the entrance to the Dining Hall or by calling Judith Geller (410-493-4268).

2019 Institute Community Council Members

- Judith Geller (Community Council Chair; mandatory reporter of child abuse)
- Deborah Hirsch Mayer (mandatory reporter of child/elder abuse)
- Alan Livingston
- · Mattea LeWitt
- Josh Peek

NHC Community Safety Policy

The NHC strives to create safe, comfortable, supportive, and enjoyable spaces for learning and fellowship among participants. The following guidelines are designed to help the entire community be thoughtful about the ways in which we, individually and collectively, nurture these spaces and relate to the people in them. These guidelines were written in 2018; the work of formally drafting these guidelines is new to us as an organization as it is to many communities. We welcome input, and expect that our guidelines will evolve over time.

We seek to foster a culture of affirmative consent regarding both physical and verbal interactions.

- If you are unsure whether a touch or a line of conversation is welcome, ask before initiating it.
- If someone tells you to stop (with words or other signals) step back immediately.

Respect the fact that by maintaining their personal boundaries and comfort, they are creating a safer space for everybody, regardless of your intentions. If you are uncomfortable with a touch or line of conversation, you have the right to say "no" and state that it needs to stop. While some may choose to use NHC spaces to challenge or step outside of their own comfort zones, no one is obligated to do anything uncomfortable.

The NHC rejects all forms of sexual harassment and sexual assault, including but not limited to, unwelcome sexual advances, unwanted intimate conversation, or physical contact without consent or after a request to stop.

While we strive to be an egalitarian organization, we recognize that power differentials do exist and can be experienced between community members. These may be based on leadership and public roles at the Institute, number of years in the community, gender, sex, sexual orientation, race, disability status, wealth, age, and other factors. Any behavior that exploits these or any other power differences in order to coerce consent or breach a community member's physical or emotional boundaries is a violation of our communal values. (One example of an Institute-specific power differential: To reduce the risk of unintentional exploitation or coercion, teachers of weeklong courses at Institute should not initiate romantic relationships with students in their courses until the course is over.)

We recognize that these may happen at NHC events or in other spaces shared by members of the NHC community.

- We strongly encourage community members who have experienced or
 witnessed violations of these guidelines to contact the Community Council.
 (You can recognize them by their purple dots on their badges.) We recognize
 and are grateful for the strength and generosity of people who come
 forward.
- If someone does not feel comfortable coming to the Community Council for any reason, they may also contact NHC Board Chair Tara Bognar, any member of the Board's Executive Committee (see page 3 for names), or the Programs Director.

The Community Council will prioritize the needs of community members who are victims of harassment or assault. For complaints brought during Institute or a regional retreat, every effort will be made to make the remainder of that event a safe and enjoyable experience for the person who has experienced harassment. In some cases, time will be needed after the retreat has concluded for fuller conversations and responses.

The Community Council will consider a range of responses toward those who have violated the guidelines, which may include temporary or permanent restrictions on attending NHC events, teaching at NHC events, and/or serving in leadership roles within the NHC. In some cases, the Council may also support paths of teshuvah (repentance) for those who have violated these guidelines.

The Community Council is not a legal body and its deliberations are not legal proceedings. The Community Council is guided by principles of support for the agency and needs of victims, including respect for privacy and confidentiality. In certain cases, however, such as if abuse of a minor is suspected, we may be bound by and will respect mandatory reporting laws. We will also observe any guidelines required by a hosting retreat site.

Centering Jews of Color at the NHC Summer Institute

We are a diverse community that strives for accessibility and welcome for all. This is a Jewish space that welcomes all Jews and our partners, families, friends, and fellow travelers.

Assume everyone is Jewish until they tell you otherwise, and please do not "test" or inquire about other community members' Jewish status, conversion history, or family background unless they initiate or invite that conversation, as these are often very personal and sensitive matters.

Many times in the past, community members who are Jews of Color have faced intrusive and invalidating questions about their presence and identity. While the white Jews who asked these questions may have intended them as friendly conversation, or been simply curious, these words often come across as hurtful, biased, ignorant, or dismissive.

The NHC is working toward *teshuvah* (repair and apology) for past incidents of harm, and on better recruitment and support of Jews of Color in our community. For more information, reach out to Rebecca Ennen by leaving a message on the message board near the Dining Hall.

Sustainability, eco-consciousness & social impact

When God created the first human beings, God led them around all the trees of the Garden of Eden and said: "Look at my works! See how beautiful they are—how excellent! For your sake I created them all. See to it that you do not spoil and destroy my world; for if you do, there will be no one else to repair it."

- Midrash Eicha (Lamentations) Rabbah 7:13

At Summer Institute we conserve resources by offering pescatarian, vegetarian, and vegan meals, which enable us to eat lower on the food chain. By avoiding beef and poultry during our week together, we are saving 63 pounds of CO₂ emissions per eater, compared to the average American's meat consumption. Minimize food waste by considering conservation: Take only as much as you think you really will eat, or slightly less. Better to go back for seconds than to throw away uneaten food.

Before you leave your room for a full day of Institute programs, consider unplugging appliances and electronics, especially cell phone chargers and video game systems that are not in use.

Meals

We are delighted to work with the University of Hartford food service staff, who have planned delicious kosher vegetarian and fish menus, under the supervision of the Hartford Kashrut Commission. Please discuss any food concerns you have with Kitchen Liaison Nancy Wygant by leaving a message on the message board near the dining hall.

Meals will be served cafeteria-style, with priority given to families with children and those needing extra assistance; please always allow them to cut the line.

The Private Dining Room, to the right of the entrance to the Dining Hall, can be reserved for gatherings over meals, such as a special interest meet-up. Sign up on the announcement board in the Dining Hall.

Awareness of Others

When you are able, please look out for others during mealtime. Be conscious of people looking for a place to sit and invite them to join your table. Help those who seem like they could use another set of hands. Meal times can feel overwhelming for many of us; make a concerted effort to be considerate of one another in the dining hall.

Early Seating

People who need extra time to pass through the serving line — including families with children, those needing extra assistance, and people with noise sensitivities — are encouraged to come to the early dinner seating. We request that all others come for general seating.

Birkat Hamazon (blessing after meals)

Copies of traditional and alternative versions are available in the dining hall. The Day Head often assigns someone to lead a brief *Birkat Hamazon* for the community after announcements. Let the Day Head know if you would like to volunteer.

Photography/Videography

We love seeing photos from the week! Please share your photos so we can all enjoy them. For information on uploading your photos, go to havurah.org/institute/pictures. If you would like to take photos at a class, small group activity, or service, be sure to ask permission. Please do not take photographs or videos in public spaces on Shabbat. Please communicate with the NHC Programs Director if you prefer that photographs of you or your children not be used in NHC promotional materials.

Activities and Recreation

Sports

There is a basketball net behind Hawk Hall as well as many grassy areas available for organized and impromptu games. Your campus map highlights a few natural spots on campus worth exploring.

Bicycles: The campus is bicycle-friendly. If you bring a bicycle, please use the bike racks around campus to secure your bike and do not block doors or lock your bike to trees or other objects.

Everyone is required to wear helmets while on bicycles and scooters.

Sports Complex: There will not be an option to purchase a weeklong membership to the University of Hartford gym.

Pool

The pool will be available exclusively for our use free of charge during the following days/times:

- Tuesday-Friday, 4 6 PM
- Saturday, 2 4 PM

University of Hartford Hidden Gems

- Joseloff Gallery: Enjoy collections of contemporary art. Open Wednesday and Thursday 11:30 AM-1:30 PM
- Lounges: Each floor in B Complex and Hawk Hall has lounges that are great for hanging out or taking time for yourself during program blocks.
- Miniature Waterfall/Fountain: Check out the area near the Hartt School for peaceful benches, shade, and a rock garden with flowing water.
- Mortenson Library: The library is a beautiful spot to sit and read or have some quiet time. Computers and a photocopy machine are available. Open Monday-Friday 7:30 AM-9 PM; Saturday 10 AM-6 PM; Sunday noon-6 PM
- Outdoor Art: Scattered around campus are 16 sculptures, including Floating Tower by Carol Kreeger Davidson; Tree Trunk by Louis Schanker; The Big Six by Tony Rosenthal; and a number of untitled works by different artists. Can you find all 16 of them?
- Park River: OK, it's really more of a stream, but Park River flows below the
 pedestrian bridge and has grassy banks with picnic tables near the base of B
 Complex.
- Pond Dock: Wildlife, stars, and wetland music abound at University of Hartford's pond, located behind Konover. We've even spotted snapping turtles making their way to the water! And herons!

Shabbat Guests, Meals, and Observances

Our community members have a diversity of Shabbat practices; please respect and rejoice in our various observances of Shabbat!

Shabbat Guidelines

Observe Shabbat as you wish in the privacy of your own room. NHC does not do business on Shabbat. All food will be prepared in accordance with the standards of the Hartford Kashrut Commission. In rooms where the whole community meets, microphones may be used, but other A/V equipment and musical instruments will not be used. Individual sessions will follow the discretion of the group and/or session leader regarding note-taking and voice recorders. (All whose voices may be recorded must give consent.) These policies, passed in 1985, acknowledge the diversity of Shabbat practices observed by community members, while setting some guidelines to make it possible for us to celebrate Shabbat together as one community.

Shabbat Guests

All guests joining for Shabbat must complete registration between 1:30 PM and 3 PM on Friday, August 2. If you are connected to someone who will arrive after that, please come to the Office (GCC) to check them in.

Shabbat Eruv (boundary)

Volunteers will construct an *eruv* for the campus before Shabbat. An eruv is a symbolic boundary that defines an enclosed communal space. This allows those who refrain from carrying objects in public spaces on Shabbat to carry within the area designated by the eruv. If you would like to help construct the eruv, you can leave a message for Taeer Bar-Yam or Harpo Jaeger on the announcement board by the dining hall.

Early Shabbat Dinner

Everyone is encouraged to join the community for the main Shabbat dinner at 8:00 PM after Kabbalat Shabbat. For families whose children will not be awake for the community dinner and those who otherwise need to eat early, an earlier dinner, including grape juice and challah, will be provided at 5 PM.

Institute Highlights

Spiritual life at Summer Institute

At Summer Institute, we offer a variety of modalities for spiritual expression in a Jewish framework. These include a spirited traditional egalitarian (AKA "trad egal" — no instruments or amplification, traditional liturgy, gender egalitarian) minyan three times each day (shacharit at 7 AM on weekdays, and mincha and ma'ariv at varying times). There are other options for creative spiritual expression led by members of our community each morning at 8:15 AM. There are also opportunities particularly for families with young children to engage in spiritual life. Our whole community will join for Kabbalat Shabbat (Friday night services), and we will offer multiple service options Shabbat morning. The schedule, starting on page 21, includes details on all of these offerings.

Creative Residencies and Fellowships

Each summer, fellows are selected to share their expertise and creativity with the Summer Institute community. Each one is leading several programs during the week, which are given special designation in the schedule of programs.

- Liturgist-in-Residence (LIR): Ellen Dreskin
- Hollander Social Justice Fellow (HSJF): Tali David
- Timbrel Artist-in-Residence (TAIR): Eli Kaplan-Wildman and Tikva Hecht

Zeitler Fellows Program & Friday Meet-and-Greet

The Zeitler Fellowship is a cohort of young adults, 22-32, who are exploring their roles as emerging participants and leaders in their Jewish communities, and who are new to the NHC community. Zeitler Fellows participate in daily workshop sessions together during their time at Summer Institute, which include opportunities to reflect on building, sustaining, and participating in their Jewish communities both within and outside of the NHC. This vitally important leadership development program, which has helped our community become truly intergenerational, is made possible by generous support from Frances Turim Zeitler.

Please come to the Zeitler Fellows' Meet-and-Greet on Friday afternoon at 4 PM in GSU Lounge to meet this year's fellows.

Classes

Changing Classes

If you want to change a class, you must get permission from the Institute office during office hours. Simply showing up at a new class is not fair to the teacher, other students, or any participants who may be on the wait-list.

Morning Classes Tuesday-Friday, 10:30 AM-noon

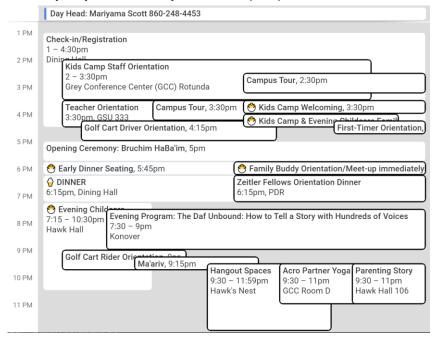
- AM-01: Creativity In Jewish Ritual: The People Of The Visual, Unbound Book
 Eli Kaplan-Wildman, GSU 331
- AM-02: Four Faces of Shir HaShirim (Song of Songs) Aliza Arzt, Hillyer 138
- AM-03 (Extended Format): Commedia dell'Aggada: Midrash as Structured Improvisation Yavni Bar-Yam, Wild Auditorium, GCC
- AM-04: Everyone Needs Recovery: Only Some Are Brave Enough to Admit it Ilan Glazer, GCC Room D
- AM-05: We Need Something Different: Empathic Listening to the Most Hated Religious Groups in America — Hillel Gray, Hillyer 130
- AM-07: Drawing Out the Text: Re-visiting the Creation of the World Eleni Litt, Hawk Hall 115
- AM-09: Expand Your (Non-Carlebach) Kabbalat Shabbat Repertoire Becca Rosen and Russ Agdern, KF Room, Library
- AM-10: What's so Funny? Jewish Humor From Genesis to Seinfeld and Soloway Roberta Rosenberg, Hillyer 132
- AM-11: Pirkei Avot (Ethics of the Fathers) and Maimonides' Commentary, Joe Rosenstein, Hawk Hall 106
- AM-12: Arise and Walk Jonah Steinberg, GSU 339
- AM-13: Jewish Liturgy as Visualization Text: Re-encountering Prayer Using Tibetan Buddhist Pedagogy and Practices Ira Zukerman, GSU 335

Afternoon Classes Tuesday-Friday 1:45-3:15 PM

- PM-01: Talmudic Form: An Experiment in Non-linear and Collaborative Storytelling — Tikva Hecht, GSU 331
- PM-02: The Torah Case for Reparations, Aryeh Bernstein Hillyer 138
- PM-03: History and Mathematics of the Hebrew Calendar, Ben Dreyfus GSU 335
- PM-04: Let's Play Jew: Examining Portrayals of Jews in Theatre Josh "Ike" Eisenberg, GSU 333
- PM-05: A Love Without Reproof is Not Love: The Challenging (Jewish) Art of Giving and Receiving Feedback Marisa Harford, KF Room, Library
- PM-06: Climate Change: What's a Jew to do? Madeline Hirschland, Hillyer 130
- PM-07: Sing Unto the Lord: The Book of Psalms in Jewish History and Experience Sherry Israel, Hawk Hall 115
- PM-08: What Is Judaism in an Era of Technological Change? David Zvi Kalman, Hawk Hall 106
- PM-09: Beyond Babel: The Poetry Game in English, Yiddish, Arabic and Maybe Hebrew — Bracha Laster, Hillyer 132
- PM-10: It's Not Show Business: The Torah Embedded in American Popular Culture — Neil Litt, GSU 339
- PM-11: Mastering Presence: an Experiential Journey Through the Hebrew Letters Alef Through Dalet — Brian Yosef Schachter-Brooks, GCC Room D
- PM-12: Cultivating the *Middot* (Values) of Kindness (*Hesed*) and Gratitude (*Hakarat HaTov*): *Mussar* Practice Jacob Staub, GSU 337
- PM-13: Jewish Life and Experience: a Whirlwind Tour of Four Cities Robert Tabak, Hillyer 111

Monday, 29 July: Welcome!

Monday Day Head: Mariyama Scott (860) 248-4453



Check-in/Registration

1 - 4:30 PM Dining Hall

Kids Camp Staff Orientation

2 - 3:30 PM Grey Conference Center (GCC) Rotunda

Campus Tour

2:30 - 3:15 PM Meet at Welcome Tent in front of the Dining Hall
Accessibility tour by campus staff in golf cart

Campus Tour

3:30 - 4:15 PM Meet at Welcome Tent in front of the Dining Hall Accessibility tour by campus staff in golf cart

Teacher Orientation

3:30 - 4:30 PM GSU 333

- **⊗** Kids C amp Welcoming 3:30 4 PM GCC 2nd Floor
- Kids Camp & Evening Childcare Family Orientation 4 - 4:30 PM GCC 2nd Floor

First-Timer Orientation 4:15 at Hawk's Nest

Welcome to NHC! Our week together is packed full of amazing programming and people. This orientation will help first-timers get situated and offer tips for navigating the week. Please bring this guide with you.

Hawk's Nest is in the Commons building. It is under the Dining Room and faces the Alumni Plaza.

Golf Cart Driver Orientation

4:15 - 5 PM Konover

Opening Ceremony: Bruchim HaBa'im

5 - 5:45 PM Konover

Before dinner, we gather for the first time as a community, introduce our theme, and meet the key players who help make the week happen. Come learn our theme song: *Hazak*, *hazak* v'nithazek! We look forward to seeing everyone there!

- Early Dinner Seating
 5:45 6:15 PM Dining Hall
- Tamily Buddy Orientation

 Meet-up immediately after the Opening Ceremony

Zeitler Fellows Orientation Dinner

6:15 - 7:15 PM Private Dining Room

- **♦** Dinner 6:15 7:15 PM in Dining Hall
- © Evening Childcare
 7:15 10:30 PM Hawk Hall

Evening Program: The *Daf* Unbound: How to Tell a Story with Hundreds of Voices

7:30 - 9 PM Konover

Eli Kaplan-Wildman and Tikva Hecht

Each *daf* (page) of Talmud contains multiple texts in conversation with each other. Join our Timbrel Artists-in-Residence as we mirror this structure on a community-wide scale through movement, writing and craft. We will use a variety of media within a process that recreates the Talmud's generations of development and layers of complexity. Our creations this evening will be the beginning of a work in progress that will culminate on Shabbat, so make sure you're there at the start!

Golf Cart Rider Orientation

9 - 9:45 PM Konover

Especially for Park River riders

Ma'ariv

9:15 - 9:30 PM in Konover

Brandon Bernstein

Late night activities

Acro Partner Yoga

9:30 - 11 PM in GCC Room D

Taeer Bar-Yam

Hangout Spaces

9:30 - midnight Hawk's Nest

Parenting Story and Experience Swap with Tobias Reiter

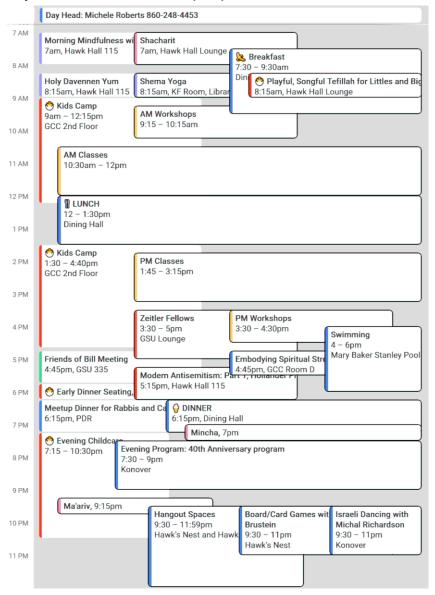
9:30 - 11 PM Hawk Hall 106

Tobias Reiter

Parenting is amazing, parenting is frustrating, parenting is hard. Come to learn skills, hear others' experiences, and share your own stories. Part "The Moth"/part group therapy session / part celebration. Open to anyone who has ever parented or been parented.

Tuesday, 30 July

Day Head: Michele Roberts (860) 248-4453



Shacharit

7 - 8 AM Hawk Hall Lounge

Morning Mindfulness with Judith Geller

7 - 8 AM Hawk Hall 115

Meditation with guided intention-setting and mindful movement

& Breakfast

7:30 - 9:30 AM Dining Hall

Holy Davennen Yum

8:15 - 9 AM Hawk Hall 115

Join Ilan Glazer for an uplifting journey through the morning service. We'll use the prayers of our tradition and the yearnings of our heart to begin the day. Come sing, pray, meditate, and breathe in the light of the Holy One together.

Shema Yoga

8:15 - 9 AM KF Room, Library (this will be offered each morning, Tuesday-Friday)

Join Eleni Litt for Shacharit liturgy with gentle yoga poses for bodies of all sizes and abilities. For adults and teens.

Playful, Songful Tefillah for Littles and Bigs 8:15 - 9 AM Hawk Hall Lounge

Led by Benj Kamm and Emma Kippley-Ogman Tefillot (prayers) geared to ages o- 10 while also providing tefillah space for the bigger people who come with them. About 20 minutes long, following the classical form of morning services. Bring your tallit, tefillin, etc., if that's your practice.

🖰 Kids C amp

9 AM - 12:15 PM GCC 2nd Floor

Drop off at 9 AM Pick up at pick up 12:05 PM-12:15 PM

9:15 - 10:15 AM Morning Workshops

Glamour in the Grammar: A Little Hebrew Goes a Long Way *Hillyer 111*

Ellen Dreskin

The grammar of our prayers (word order, roots, tense, etc.) provides deep insight into how these words might move in our lives today. Participants will be invited to share their own gems from the siddur, and will walk away with short lessons and ideas for further study and reflection.

Beginning Kippah Crocheting

GSU 333

Sue Gulack & Ceidlen Beller

Come and learn to make a kippah. Open to people who already know how to crochet and to those who have never held a hook. Every year students have finished a kippah before Shabbat!

Supplies provided, \$3 fee for hook and yarn. This workshop is accessible to participants of all ages.

India Through Jewish Eyes

Hillyer 130

Charlotte Glass

Did you know that Jews lived in India for over two thousand years and never experienced a single act of anti-Semitism? Rather, the Jewish communities earned the highest respect from their neighbors and made tremendous contributions to their host country. We will take a quick look at the five distinct Jewish communities and discover some amazing surprises including a Jewish kingdom, Jewish generals and Jewish beauty queens, and even a surprising link to the Taj Mahal.

Creative Writing - Get Your Inner Voice Out There *Hillyer* 132

Jody Seltzer

Do you like to write creatively, but somehow never find the right time to do it? That time is now; if not now, when? Just as Judaism informs both our inner and outer lives, it also informs out writing. Jody Seltzer will bring writing samples from Jewish authors; some you may know, some may be out of production now, but were very edgy and interesting during their time. Jody will give writing prompts, and you may share what you write during the workshop if you choose.

Fig. 16 If possible, bring an old family photo, preferably in digital form on your phone so you won't risk losing a paper copy. Please bring paper and pen.

Human Dignity -- Jewish Communal Participation Inclusion as the Core Value

Hillyer 138

Yoni Shtiebel

In our modern Jewish life, there is an overriding importance to participation within the Jewish community. From a Jewish law perspective, we are required to pray within a group of 10. Rabbi Kook (first Chief Rabbi of Israel) says that Jewish communal membership is the core value. Yet, we create community by resting on the Jewish Sabbath and observing a myriad of community rules.

For certain members of our community, observing certain specific community-building rules may serve to exclude that person from the community. Typical examples given are medically related. For example, a person may use an electric wheelchair to be able to access the communal space. The explanation is "human dignity." It is part of the commandment to love one's neighbor. The reasoning legally permits the otherwise forbidden, to enable being part of the community. The use of human dignity would seem to have no clear boundaries (unlike 2000 amot for Shabbat). In this workshop, we'll explore examples of leniencies and ask participants for boundaries to establish.

Beyond Colorblind Teaching

GSU 335

Tara Bognar & EmFish

Aimed at educators. As white teachers serving predominantly non-white populations, it is easy for us to forget how bizarre it is that children of color are often educated by folks who don't look like them. We want to take a closer look at the dynamics at play that we are unintentionally reproducing/participating in, both with our students and their families. We want to share resources and best practices, and think together. How can we effectively be as anti-racist as possible in our classrooms, teacher lounges, staff/union/admin meetings, parent conferences, etc.? We'd like to discuss and acknowledge events in ways that center the narratives of our students and empower them.

Getting Involved with Transcription

GSU 341

Josh Soref

Have you seen the big screens at the Institute with live-captioned transcripts? Want to learn how to help? Learn the notation. Learn tricks. Be prepared to volunteer for one or more of the late-night shifts.

10:30 AM - noon Morning Classes

Morning classes are listed on page 19. If you want to change your class, you must get approval from an office staff member during office hours listed on page 6.

Lunch

noon - 1:30 PM

Mids Camp

1:30 - 4:40 PM GCC 2nd Floor

Drop off 1:30 PM Pick up 4:30-4:40 PM

1:45 - 3:15 PM Afternoon Classes

Afternoon classes are listed on page 20. If you want to change your class, you must get approval from an office staff member during office hours listed on page 6.

3:30 - 4:30 PM Afternoon Workshops

Making Reusable Name Tags and Pronoun Indicators

GSU 333

Lee Butler

From the tradition of button-making at LCFD gender-free contra dances. Come make a collage button name tag and/or pronoun marker. A beautiful and unique way to tell everyone who you are rather than a flimsy disposable badge.

Crafting Your Kavanah (Intention) for the Year GSU 335

Laurie Goldman

In this workshop, we'll use the power of the Hebrew language to craft our personal *kavanah* or intention for the year. A writing or drawing exercise will help you identify a word (a concept, a feeling, or a hope) to guide you throughout the coming year. We'll translate that word into Hebrew and explore its roots for insights and inspiration.

Jewish Ethics of War and Nuclear Conflict

Hillyer 130

Rob Goldston

In the Bible, in Deuteronomy 20, God commands the Jews to exterminate the Canaanite nations. The Talmud, in Sanhedrin 2a, states that a king may declare an optional war only on the basis of a ruling of the Great Sanhedrin. Maimonides and Nachmanides both put limitations on Jewish warfare. Today, any exchange of nuclear weapons entails the risk of a civilization-destroying catastrophe. We will look at Jewish texts and ask ourselves what policy the U.S. should have towards nuclear weapons.

A reading of the Our Father prayer with Simone Weil, the French Jewish-Christian mystic

Hillyer 132

Dana Manley

Simone Weil was, according to Albert Camus, "the only great spirit of our time." She was a French secular Jewish genius, a religious nonconformist, a political and spiritual thinker, classical scholar, and a first-wave feminist living between the world wars. Her ideas are on the border of Judaism and Christianity, and as such are controversial. We will study excerpts from her meditation on the "Our Father" a (Jewish-Christian) prayer which begins "Our father who is in heaven," for insight into her view of God. Weil says, "Nevertheless he is our father who is in heaven not elsewhere. We cannot take a single step toward him. We do not walk vertically. We can only turn our eyes toward him..." Perhaps we can partly reclaim Simone Weil as a heroine of "Jewish" mysticism also.

Lessons I Learned Writing a Siddur and a Machzor *Hawk 115*

Joe Rosenstein

In this workshop, Joe Rosenstein will share some of the lessons that he learned about the liturgy while writing *Siddur Eit Ratzon* and *Machzor Eit Ratzon* (both available at newsiddur.org) and how those lessons are reflected in the prayer books themselves.

Tai Chi

GSU 341

David Fillingham

This workshop will follow the sun method as taught by Stan Chang. Before it is practiced, we do qi dong which is stimulating the chi centers. No prior experience is necessary.

Zeitler Fellows Program

3:30 - 5 PM in GSU Lounge

Swimming

4 - 6 PM Mary Baker Stanley Pool

Embodying Spiritual Strength

4:45 - 5:30 PM GCC Room D

Josh Schreiber Shalem

What is the meaning of "hazak/ be strong"? Come explore possibilities for embodying inner strength through Feldenkrais® Awareness Through Movement®. For teens and adults.

Bring a blanket or mat if you can.

Friends of Bill Meeting

4:45 - 5:45 PM GSU 335

Modern Antisemitism: Part 1, Hollander Program

5:15 - 6:15 PM Hawk Hall 115

Modern Antisemitism and the Dejudaization of Diaspora Jewry: an anti-racist analysis of antisemitism across the political spectrum. Part 1 What is the underlying ideology of antisemitism and why does it function differently than other forms of oppression? How does antisemitism function differently on the left and the right? How do we interrupt racist narratives around antisemitism? Hollander Social Justice Fellow session with Tali David.

This session is a prerequisite for Part 2, which will be offered Thursday late night and Saturday afternoon. This introductory session will also be offered Wednesday afternoon from 3:30-5:00 PM.

Early Dinner Seating

5:45 - 6:15 PM Dining Hall

Meetup Dinner for Rabbis and Cantors

6:15 - 7:15 PM PDR

Rabbis and Cantors, rabbinical and cantorial students, and those contemplating this path are welcome to join us for dinner to get to know one another.

⇔ Dinner

6:15 - 7:15 PM Dining Hall

Mincha

7 - 7:30 PM Hawk Hall Lounge

@ Evening Childcare

7:15 - 10:30 PM

Evening Program: Celebrating 40 Years of NHC Summer Institutes 7:30 - 9 PM Konover

Changes and challenges, stories old and new, where we started, and how we have evolved. Among our panelists will be NHC founders Mitch Chefitz, Joe Rosenstein, and Janet Hollander along with representatives of our newer generation of leaders, including EmFish and Tara Bognar. Following the panel, community brainstorming on where we envision going from here.

Ma'ariv

9:15 - 9:30 PM Konover

Late night activities

Board/Card Games with Rachel Brustein 9:30 - 11 PM Hawk's Nest

Hangout Spaces

9:30 PM - midnight Hawk's Nest and Hawk Hall Lounge

Israeli Dancing with Michal Richardson

9:30 - 11 PM Konover

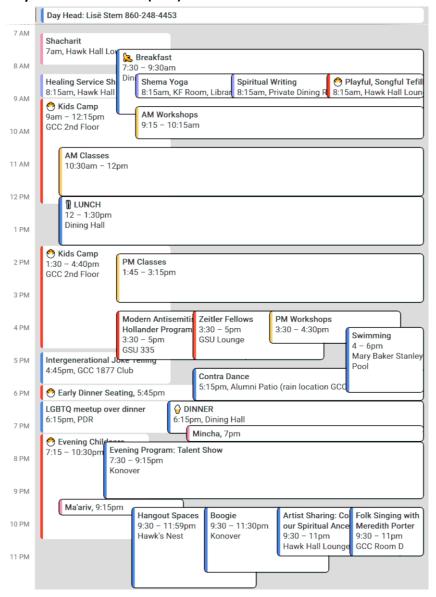
Israeli folk dancing for all ages and experience levels! We'll start with instruction and dancing for beginners, followed by an open session for more experienced dancers.

If you have audio recordings of your favorite dances, please bring them along!



Wednesday, 31 July

Day Head: Lisë Stern (860) 248-4453



Shacharit

7 - 8 AM Hawk Hall Lounge

Led by Amit Schwalb & Myrna Goldman

& Breakfast

7:30 - 9:30 AM Dining Hall

Healing Service Shacharit

8:15 - 9 AM in Hawk Hall 115

Amy Loewenthal

Shacharit with Feeling/Healing Shacharit liturgy with meditation and focus on healing

Shema Yoga

8:15 - 9 AM KF Room, Library

Join Eleni Litt for Shacharit liturgy with gentle yoga poses for bodies of all sizes and abilities. For adults and teens.

Spiritual Writing

8:15 - 9 AM Private Dining Room (PDR)

Led by Katie Rice-Guter and Malkah Binah Klein

Opening to the Divine Flow through writing. A Jewish sacred text will be read as a prompt, followed by writing and the opportunity to share what was written.

Playful, Songful Tefillah for Littles and Bigs

8:15 - 9 AM Hawk Hall Lounge

Led by Benj Kamm and Emma Kippley-Ogman

Tefillot (prayers) geared to ages 0-10 while also providing tefillah space for the bigger people who come with them. About 20 minutes long, following the classical form of morning services. Bring your tallit, tefillin, etc., if that's your practice.

Mids Camp

9 AM - 12:15 PM GCC 2nd Floor

Drop off at 9 AM Pick up at pick up 12:05 PM-12:15 PM

9:15 - 10:15 AM Morning Workshops

Secular Judaism at Institute and Beyond Hillyer 111

Tara Bognar

With some background information to create a common contextualization for secular Judaism, the primary goal of this workshop is to think together about what it means to be secular in a modern elective framework, and whether it's possible. We'll explore how to combine a secular identity with a religious orientation, and the role of secular Judaism and secular Jews in a broader ecosystem like Havurah.

Silk and Sharpies

GSU 335

Sue Gulack

We will be making challah covers out of silk handkerchiefs using Sharpie markers and rubbing alcohol. This is an easy technique that produces a pretty product. There will be patterns available for tracing for those who are unsure of their artistic abilities. There is a \$5 materials fee for this project. This workshop is open to older supervised children as well as adults.

Iyyunei Tefilah: Illuminating the Words We Speak and Sing *GSU* 333

Ellen Dreskin

How do we illuminate a prayer by setting it up well, either thru a personal story, a contemporary poem, a text reference, or other means? Participants will take away concrete ideas for using the creation of *iyyunim* as a means of empowering others and sharing ownership of the worship experience.

Connecting with Other Hevra Kadisha Members Hillyer 132

EmFish and Cathy Bowers

The *Hevra Kadisha* (Jewish burial society) has been a fixture of many Jewish communities for centuries and is experiencing a resurgence among non-Orthodox Jewish folks in the last few decades. This is an open forum for members of *hevra kadishas* to come talk with each other about the experience and the particulars of their local organizations.

Note: Though we would be happy to discuss hevra work with you at another time during the week, please note that this workshop is designated for those who are already involved with a hevra kadisha.

Community Portrait Survey Hillyer 138

Rich Heiberger

The Jewish Federation of Greater Philadelphia is currently collecting data for its 2019 Community Portrait. This survey is similar to others examining Jewish populations, including the national 2013 Pew Research Center Survey of US Jews and the 2009 Philadelphia Community Portrait. Rich Heiberger joined the Technical Advisory Committee of the Philadelphia Survey after the design of the survey and before data collection started. Survey results are anticipated to be available in late fall of this year. Rich will discuss the design of the 2019 Philadelphia survey and its initial analysis plan, comparing it to the 2013 Pew survey and perhaps to other surveys. He'll also speculate how the results might inform actions by the Federation and other Jewish organizations.

Writing Circle

Hillyer 130

Nechama Malkiel

Have you wondered when can I share my Jewish-themed writing with people who will get it? This is your chance! We will be doing a writing circle with time to share what we write. This is an opportunity for reflection and to write for an audience that will understand the Jewish/Yiddish/Hebrew content of our writing. Feel free to share what you write during the circle or to share another piece you've already written.

10:30 AM - noon Morning Classes

Morning classes are listed on page 19. If you want to change your class, you must get approval from an office staff member during office hours listed on page 6.

Lunch

noon - 1:30 PM Dining Hall

Mids Camp

1:30 - 4:40 PM on GCC 2nd Floor

Drop off 1:30 PM Pick up 4:30-4:40 PM

1:45 - 3:15 PM Afternoon Classes

Afternoon classes are listed on page 20. If you want to change your class, you must get approval from an office staff member during office hours listed on page 6.

Part 1, Hollander Social Justice Fellow Program 3:30 - 5 PM in GSU 335

Tali David

Modern Antisemitism and the Dejudaization of Diaspora Jewry: an anti-racist analysis of antisemitism across the political spectrum. What is the underlying ideology of antisemitism and why does it function differently than other forms of oppression? How does antisemitism function differently on the left and the right? How do we interrupt racist narratives around antisemitism?

This session is a prerequisite for Part 2, which will be offered the Thursday late night/ Saturday afternoon session with Tali. This workshop covers the same content as Tali's Tuesday afternoon session.

3:30 - 4:30 PM Afternoon Workshops

40th anniversary workshop series: The Birth and Evolution of the Everett/ Zeitler Fellows Program

Hillyer 130

Janet Hollander & Fran Zeitler

The Zeitler (formerly Everett) Fellowship program was not always part of the NHC Summer Institute. The seeds were sown in 1990 here at Hartford, with the goals to create a sustainable cohort of post-college-age young adults. One of the challenges we discussed then was the graying of Havurah: how were we going to get the next generations involved? Come hear the history from those who made it happen.

Everything you ever wanted to know about professional cuddling *Hillyer 111*

Jon Lehrer

Interpersonal touch is a profound need for social mammals like ourselves. But society and particularly North American culture hasn't always made it easy to find. The past 15 years have seen an explosion of new cuddling related services, from facilitated social events to one-on-one professional cuddling where you can pay by the hour for a skillful snuggle buddy. Come learn about "the world's newest profession" from a real practitioner. We'll push past the headlines into biology, sociology, and the how and why of this provocative practice.

Faith, Demons, Angels, and Marriage in Exile *Hillyer 138*

Frank Lipson

We will discuss the Book of Tobit. The story is set in Nineveh in Assyria during the Jewish exile from northern Israel in the early 7th century BCE. Tobit and Sarah, living miles apart, are both struck by plagues and pray to God to take their lives. God sends the angel Raphael to the rescue. He guides Tobit's son Tobias through life: he cures his father's blindness, marries Sarah, and banishes the demon who killed Sarah's previous seven grooms on their respective wedding nights.

We'll study the text and consider its lessons, discussing why the book, now in the Catholic canon, was excluded from the Hebrew canon. We'll also discuss reproductions of Rembrandt's famous paintings of scenes from the book.

Birkat

GSU 341

Alan Livingston

The *Birkat Ha-mazon* is very familiar to many. But it is more than just a lively group sing after a meal. In it, we can find the whole philosophy of Judaism. We'll look closely at the text and its meaning, and even sing some of its lively melodies.

Contemplating Cremation? The Jewish and Ecological Perspective GSU 333

Hal Miller-Jacobs

More than half the deaths in the US end with a cremation, and the rate among Jews is probably close to a third and increasing rapidly. Do you know what happens during a cremation? Does this differ from what Judaism teaches us about handling the deceased? In this workshop we will have the opportunity to discuss these aspects of the topic of death - a topic nobody really wants to talk about.

Context is King: Star Trek, fandom, and Jewish text study Hillyer 132

David Wilensky

Using Star Trek as our case study, we'll explore how we can use Jewish conceptions of the nature of sacred texts to make engaging with our favorite pop culture fandoms more fun.

Zeitler Fellows Program

3:30 - 5 PM GSU Lounge

Swimming

4 - 6 PM Mary Baker Stanley Pool

Intergenerational Joke Telling

4:45 - 5:45 PM GCC 1877 Club

Led by John Laster and Doug Wissoker

Contra Dance

5:15 - 6:15 PM Alumni Patio (rain location Konover)

Early Dinner Seating

5:45 - 6:15 PM Dining Hall

LGBTQ meetup over dinner

6:15 - 7:15 PM Private Dining Room

∂ Dinner

6:15 - 7:15 PM

Mincha

7 - 7:30 PM Hawk Hall Lounge

Evening Childcare

7:15 - 10:30 PM

Evening Program: Talent Show

7:30-9 PM, Konover

Jody Seltzer and friends

Love to sing, dance, recite poems, create stories, tell jokes, play an instrument, perform dramatic monologues, or whatever? We're a talented bunch! As 19th-century Hartford resident Mark Twain anticipated, "There is much here to see." Share your talents with the Institute community! "Think what it may be to your posterity, generations hence," Twain advised.

- A sign-up sheet is posted on the announcement board at the entrance to the Dining Hall. Be sure to sign up by end of day Tuesday.
- Performances should be appropriate for all ages, and those using humor in their acts should make fun of no one but themselves.

Ma'ariv

9:15 - 9:30 PM Konover

Late night activities

Artist Sharing: Connecting with our Spiritual Ancestors and Teachers through *Talleisim*

9:30-11 PM in Hawk Hall Lounge

Elissa Yaffe Cohen

In the Jewish mystical tradition, humans were initially created as radiant beings, pure light, and then God "dressed" us in tangible, earthly skins. Our souls are also said to be dressed; indeed, the entire world is clothed in garments. Elissa has crafted a collection of over 40 *talleisim*, garments of our spiritual ancestors, including Moses, Miriam, Ruth, Rabbi Akiva, Rav Kook, Hannah Senesh, and many others. Stop by to encounter, and possibly try on, one of these *talleisim*, and open up to new possibilities of heart connection with our ancestors.

Boogie

9:30 - 11:30 PM Konover

Come dance the night away! You're encouraged to bring music selections for dancing.

Folk Singing with Meredith Porter 9:30 - 11 PM GCC Room D

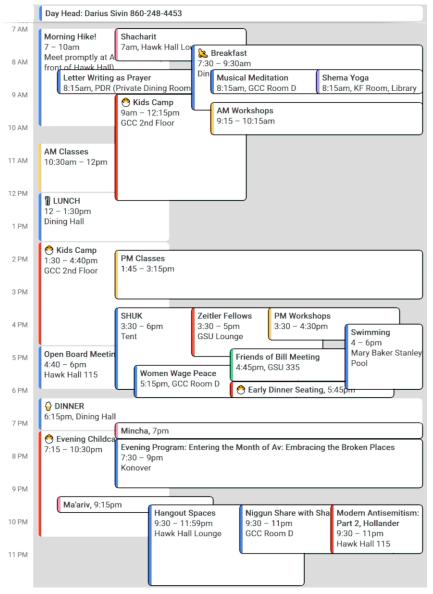
Bring your voice, your energy, an instrument if you choose, and any copies you have of Rise Up Singing and Rise Again. This is a casual, participatory, impromptu session for folks who love to sing.

Hangout Spaces

9:30 PM - midnight in Hawk's Nest

Thursday, 1 August

Day Head: Darius Sivin (860) 248-4453



Morning Hike

7 - 10 AM Meet promptly at Alumni Patio (in front of Hawk Hall)

Led by Alys Cohen and David Teva

Start your morning with an energizing early morning hike with friends. We'll arrange carpools, so feel free to show up if you didn't arrive by car. Breakfast will be provided, so don't worry about missing a meal. We will aim to be back on campus in time for morning classes.

- All hikers must sign up by Wednesday lunch time (at registration or on the signup sheet on the announcement board by the dining hall).
- People under the age of 18 must have a designated adult supervisor present on the hike.
- The hike will be canceled in the event of thunderstorms.
- We strongly recommend you bring: closed-toed shoes, sunglasses, hat/cap/bandana, large full water bottle, bug repellent, and rain gear (if needed).

Shacharit

7 - 8 AM in Hawk Hall Lounge

Led by Nechama Malkiel & Eli Kaplan-Wildmann

& Breakfast

7:30 - 9:30 AM Dining Hall

Letter Writing as Prayer

8:15 - 9 AM in Private Dining Room

Led by Abby Bellows

Musical Meditation

8:15 - 9 AM GCC Room D

Led by Spencer Garfield

Listening to music to center ourselves as we begin the day. All ages welcome.

Shema Yoga

8:15 - 9 AM KF Room, Library

Led bu Eleni Litt

Shacharit liturgy with gentle yoga poses for bodies of all sizes and abilities. For adults and teens.

Mids Camp

9 AM - 12:15 PM on GCC 2nd Floor

Drop off at 9 AM Pick up at pick up 12:05 PM-12:15 PM

9:15 - 10:15 AM Morning Workshops

Songs of Other Summers; Feminist, Outdoorsy, Campfire Songs $GSU\,333$

Elizabeth Drellich

Every summer has a few songs that stick with you. We will learn a mix of songs to sing around campfires, ranging from silly, funny, and loud songs about moose, fish, and birds with unusual names, to songs that are deeply feminist, outdoor-adventure-focused, and friendship-centered.

Haman Speaks

Hillyer 111

Emily Fishman

An unusual midrash imagines the content of the letters sent by Haman out to the provinces during the Purim story. We'll read portions of this midrash, discussing what it means for the rabbis to be writing in the voice of a supposed villain (as in Wicked) . We may discover that there are parts of the bible that make us uncomfortable, and will explore if such squeamishness is specific to post-Enlightenment Jewish life.

Needle Felted Kippot

GSU 335

Sue Gulack

Needle Felting is an easy-to-learn technique that gives beautiful results fairly quickly. We will make designs on precut wool felt blanks by poking colorful wool roving into the felt with a sharp barbed needle. This is open to older supervised children as well as adults. There is a \$5 materials fee. You will get supplies to take with you to finish your kippah, if you don't finish it during the workshop.

Standing in solidarity with those in immigrant detention centers Hillyer 130

Alysse Rich

Feeling helpless about the situation at the border? In this workshop, participants will exchange strategies of standing in solidarity with those in immigrant detention centers. This will not be a political debate or lesson, but a gently facilitated meeting of those who care about this issue and are looking to share ideas of how to act. If possible, we will plan some kind of collective action (letter writing? art?) at Institute.

The Jews of the Channel Islands during the Nazi Occupation Hillyer 132

Ron Schnur

The only part of Britain that was invaded and occupied by the Nazis during World War II was the Channel Islands, including Jersey and Guernsey. What was the fate of the Jews of these British islands under Nazi rule, and did it make a difference that these were British islands?

40th anniversary workshop series: How Havurah Has Enhanced Our Lives

Hillyer 138

Shari Lynn and Isaac Kochman

Come share and reflect together with long-time Havurahniks Shari Lynn and her son Isaac Kochman about how Havurah and Institutes have changed your life. What have you found here? What keeps you coming back? How can we share this with people who have not yet found us?

A Pigeon and a Boy

GSU 341

Alan Livingston

A Pigeon and a Boy is a delightful, beautiful novel by the popular Israeli writer Meir Shalev. He weaves four interlocking love stories in two different eras: the present and the time of the War of Independence. Shalev goes in depth into the training and care of homing pigeons used by the Palmach, as well as bird watching tours and home reno's. It's about what we need in life, and about home. Alan Livingston will present some themes and highlights, and then discuss.

Feel free to attend if you haven't read the book.

10:30 AM - noon Morning Classes

Morning classes are listed on page 19. If you want to change your class, you must get approval from an office staff member during office hours listed on page 6.

Lunch

noon - 1:30 PM Dining Hall

🛱 Kids Camp

1:30 - 4:40 PM GCC 2nd Floor

Drop off 1:30 PM Pick up 4:30-4:40 PM

1:45 - 3:15 PM Afternoon Classes

Afternoon classes are listed on page 20. If you want to change your class, you must get approval from an office staff member during office hours listed on page 6.

3:30 - 4:30 PM Afternoon Workshops

Unaccompanied Yiddish Song

Hillyer 111

Judith Geller

Learn and sing together Yiddish songs that friends in Eastern Europe used to sing together, parents sang to their children, lovers would sing to one another, or activists sang to give each other strength in the face of oppression. At Yiddish New York in December 2018, I got inspired and learned some of these from ethnomusicologist Ethel Raim, founder of the 1960s folk group The Pennywhistlers.

No experience with Yiddish necessary, transliterations provided.

40th anniversary workshop series: Attracting and Maintaining Teens and College Age Havurahniks

Hillyer 130

Jeremy Golding

How can we attract young people and enhance their Jewish identities by getting them involved in Institutes? Come brainstorm with Jeremy about ways to keep this happening and to attract new involvement. This will be a facilitated discussion for people of all ages interested in this issue.

Savor the Poetry of Marge Piercy

Hillyer 132

Gail Josephson Lipsitz

In her collection *The Art of Blessing the Day*, Marge Piercy celebrates Jewish traditions, culture, and spirituality in poems about family relationships, Jewish learning, and the holidays. From her lyrical evocations of nature to her strong social consciousness, her poems resonate for us as Jews and as humans. Copies of selected poems by Piercy will be available so that you have the opportunity to read them before the workshop.

Holding Space for Grieving and Loss: A Learning Share on Community Practices

Hillyer 138

Rachel Bergstein

Communities can be an important support for people experiencing grief and loss. In this workshop we'll share practices from our home communities and stories from our personal grief journeys, to collaboratively consider what practices and rituals we can adopt to support each other during both acute mourning periods and lifelong grief.

All Around the World of Jewish Music

GSU 333

Ilan Glazer

The world of Jewish music has exploded in the last few decades. Who are the major artists who've influenced the field of Jewish music? What makes music Jewish? We'll listen to Klezmer, Cantorial, Niggunim, Sephardic, Ethiopian, Israeli, Jewgrass, Gospel, and more from all around the Jewish world.

English Translation of Mikraot Gdolot

GSU 335

Howard White

The Mikraot Gdolot is a version of the Tanach referred to as "Great Scriptures" or the "Rabbinic Bible." We'll study selections translated into English in an accessible group format.

Shuk

3:30 - 6 PM Tent

Institute participants are a gifted and committed group. Check out the work that we do during the other 51 weeks of the year. Art and jewelry and handmade kippot, oh my! Plus books, crafts, and other goodies. You'll find it all at the Shuk! Participants will also be sharing resources about a range of organizations they are involved with.

Zeitler Fellows

3:30 - 5 PM GSU Lounge

Swimming

4 - 6 PM Mary Baker Stanley Pool

Open Board Meeting

4:40 - 6 PM Hawk Hall 115

Everyone is encouraged to attend the NHC Board Meeting. Please join us as we discuss our ethos and strategy around creating lay-led community and long-term sustainability of the NHC. We will also provide a brief background on the NHC budget, as well as context for recent and potential changes to Institute fees.

Friends of Bill Meeting

4:45 - 5:45 PM GSU 335

Women Wage Peace: Reflections on Israel's Largest Grassroots Movement

Thursday, 5:15-6:15 PM in GCC Room D

Donna Kirshbaum

Come learn about Israel's largest grassroots movement with Donna Kirshbaum, a resident of the Negev who has been active in Women Wage Peace (WWP) since soon after its founding in 2014. Non-hierarchical by design, WWP advances its unique theory of change by means of teams of volunteers. Donna has served on the international relations team, the resource development team, and the 1325 team, created to reboot Israel's un-utilized version of UN resolution 1325 mandating equal representation for women in all matters related to war, peace, and national security. She represented the movement at the UN's 62nd Commission on the Status of Women.

Early Dinner Seating

5:45 - 6:15 PM Dining Hall

∂ Dinner

6:15 - 7:15 PM Dining Hall

Mincha

7 - 7:30 PM Hawk Hall Lounge

(A) Evening Childcare

7:15 - 10:30 PM

Evening Program: Entering the Month of Av: Embracing the Broken Places

7:30-9 PM Konover

Malkah Binah Klein, Sue Gulack, Eli Kaplan-Wildman (Artist-in-Residence), Ellen Dreskin (Liturgist-in-Residence)

Rosh Chodesh Av (the beginning of the month of Av) begins Thursday evening, and we begin the Nine Days, a period of communal grieving in anticipation of Tisha B'Av, our holy day for mourning the destruction of the First and Second Temples as well as other calamities that have befallen our people. This is a season when we are invited to enter the brokenness, to honor our fears and our tears, and to see the potential present in the unraveling of the familiar. Through imagery, story, and chant, we will explore what the rituals of this season mean for us today.

Ma'ariv

9:15 - 9:30 PM in Konover

Late night activities

Hangout Spaces

9:30 - midnight in Hawk Hall Lounge

Part 2 Hollander Social Justice Program

9:30 - 11 PM Hawk Hall 115

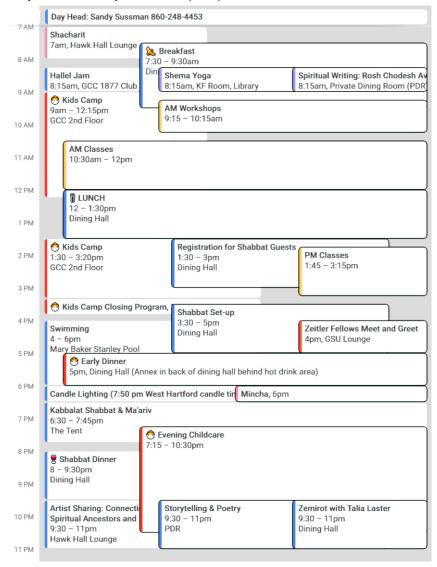
Tali David

Modern Antisemitism and the Dejudaization of Diaspora Jewry: an anti-racist analysis of antisemitism across the political spectrum. For those who attended Part 1, an exploration of the connection between antisemitism and Zionism (from "The Jew Problem" to the current political climate).

Niggun Share with Shalom Flank 9:30 - 11 PM GCC Room D

Friday, 2 August

Day Head: Sandy Sussman (860) 248-4453



Shacharit for Rosh Chodesh Av

7 - 8 AM Hawk Hall Lounge

Led by Yael Kalman

& Breakfast

7:30 - 9:30 AM Dining Hall

Hallel Jam

8:15 - 9 AM GCC 1877 Club

Led by Ben Dreyfus

Friday is Rosh Chodesh (the first day of the month of) Av! This service will be nothing but *hallel* (psalms of praise) and will feature musical instruments and our voices. While we will try to capture both the joyful mood of Rosh Chodesh and the mournful mood of Av, the former will predominate.

Shema Yoga

8:15 - 9 AM KF Room, Library

Led by Eleni Litt

Shacharit liturgy with gentle yoga poses for bodies of all sizes and abilities. For adults and teens

Spiritual Writing: Rosh Chodesh Av

8:15 - 9 AM Private Dining Room (PDR)

Led by Katie Rice-Guter and Malkah Binah Klein

A Jewish sacred text will be read as a prompt, followed by writing and the opportunity to share what was written.

Mids Camp

9 AM - 12:15 PM GCC 2nd Floor

Drop off at 9 AM Pick up at pick up 12:05 PM-12:15 PM

9:15 - 10:15 AM Morning Workshops

What's God Got to Do with It? What Happens If I Don't Believe? Hillyer 111

Ellen Dreskin

How do I find meaning in the traditional words of the siddur if I am unsure of my faith? Are there different ways of approaching these words of praise and blessing? Are there alternate ways of thinking about the Divine that might help me form a deeper relationship to prayer? This workshop explores these questions, perhaps providing answers.

Body-positive body painting

GSU 335

Amalya Sherman

Have fun turning your body into living art: Think face paint, with more canvas space. Options for both instruction and space to explore your own designs. We use special body paint that is skin safe.

Please bring a materials fee of \$3 if you are able.

Introduction to Community Organizing

Hillyer 130

Noah Strauss

Have a cause important to you and those in your area? Learn the basics of creating and mobilizing a local community effort.

In egalitarian communities, are some more equal than others? Hillyer 132

Nava Szwergold

Roles such as the first two *aliyahs* and blessing the community on Yom Kippur are traditionally reserved for direct descendants of the Cohen and Levi priestly castes. These are highly valued traditions to many, but to others (or even to the same people) the restriction of these roles based on inherited identity is incongruous with egalitarian values. This workshop will explore values and assumptions around egalitarianism, Jewish lineage, and ritual roles as they relate to special roles for descendants of Cohen and Levi in our communities.

40th anniversary workshop series: Reminisce with Mitch *Hillyer 138*

Mitch Chefitz

This will be the first Institute without Mitch Chefitz's physical presence onsite. Come telecommute with him and hear his memories of how Institute started and grew. Did you know that the initial Institute was here at Hartford? And what is the relationship between the Havurah of South Florida and the NHC? Come say hi and stay and schmooze!

Hi-Ho Leyning GSU 341

Jeremy Golding

The Torah readings for Rosh Hashanah and for Yom Kippur are chanted to a special trope that resembles (a bit) a common trope for the weekly *haftarah*, but is more dramatic. This workshop will teach the trope using a few exercises, then teach the first reading of Rosh Hashanah Day 1 (and more, if time permits).

Pre-requisite: Ability to recognize trope (cantillation) markings and to read Hebrew (even if slowly). Ideally, attendees should have experience reading either Torah or Haftarah. Please bring a *chumash* (if possible), but paper copies of some of the reading will be available.

Qi Gong for Health

GSU 333

Shari Lynn Kochman

The Ancient Chinese practice of QiGong combines breath, movement, and meditation for exercise and healing. The Chinese have been doing this practice daily for more than 4,000 years. There are more than 3,000 different forms of QiGong including Tai chi. QiGong is part of the Ayurvedic Medical system and considered to be a form of energy medicine. It is used to heal the body, keeping body, mind, and spirit healthy and working by strengthening or working with Qi (energy). In this workshop Shari Lyn Kochman will take you through a 40-minute gentle QiGong Movement routine ending with a 5-minute meditation.

All abilities and ages from 8 to 108 are welcome in this workshop.

10:30 AM - noon Morning Classes

Morning classes are listed on page 19. If you want to change your class, you must get approval from an office staff member during office hours listed on page 6.

Lunch

noon - 1:30 PM Dining Hall

Registration for Shabbat Guests 1:30 - 3 PM Dining Hall

Mids Camp

1:30 - 3:20 PM on GCC 2nd Floor

1:45 - 3:15 PM Afternoon Classes

Afternoon classes are listed on page 20. If you want to change your class, you must get approval from an office staff member during office hours listed on page 6.

Kids Camp Closing Program 3:20 - 3:50 PM GCC 2nd Floor

Shabbat Set-up

3:30 - 5 PM in Dining Hall

If you are available to help with Shabbat Setup, please come to Dining Hall; we always need extra hands.

Swimming

4 - 6 PM Mary Baker Stanley Pool

Zeitler Fellows Meet and Greet

4 - 5 PM GSU Lounge

The Zeitler Fellows are a cohort of new-to-Institute young adults who are active in their Jewish communities. Come meet the Fellows, hear how their week has been, and learn about what they do back home.

Early Shabbat Dinner for Families with Young Children 5 - 6 PM in Dining Hall Annex (in back of dining hall behind hot drink area)

Candle Lighting (7:50 PM West Hartford candle time)

6 - 6:30 PM at Entrance to the GCC

Mincha

6 - 6:30 PM by the waterfall

Kabbalat Shabbat & Ma'ariy

6:30 - 7:45 PM in The Tent

Our spirited Kabbalat Shabbat service is a highlight of the Institute week.

Evening Childcare

7:15 - 10:30 PM

Shabbat Dinner

8 - 9:30 PM

Late night activities

Zemirot

9:30 - 11 PM

After dinner ends, singing begins in the Dining Hall, led by Talia Laster. We are welcome to stay in the Dining Hall, but please be considerate of the staff as they clean and prepare to go home.

Storytelling & Poetry

9:30 - 11 PM Private Dining Room

Led by Shari Lynn Kochman and Sue Gulack

Artist Sharing: Connecting with our Spiritual Ancestors and Teachers through *Talleisim*

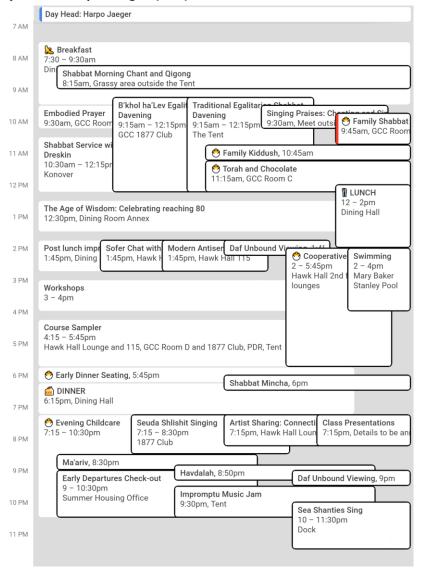
9:30-11 PM in Hawk Hall Lounge

Elissa Yaffe Cohen

In the Jewish mystical tradition, humans were initially created as radiant beings, pure light, and then God "dressed" us in tangible, earthly skins. Our souls are also said to be dressed; indeed, the entire world is clothed in garments. Elissa has crafted a collection of over 40 *talleisim*, garments of our spiritual ancestors, including Moses, Miriam, Ruth, Rabbi Akiva, Rav Kook, Hannah Senesh, and many others. Stop by to encounter, and possibly try on, one of these *talleisim*, and open up to new possibilities of heart connection with our ancestors.

Saturday, 3 August: Shabbat!

Day Head: Harpo Jaeger (860) 248-4453



& Breakfast

7:30 - 9:30 AM in Dining Hall

Shabbat Morning Chant and Qigong

8:15 - 9 AM Grassy area outside the Tent

Join Malkah Binah Klein for gentle embodied practice to awaken, align, and open the heart to receive the gifts of this Shabbat.

Traditional Egalitarian Shabbat Davening

9:15 AM - 12:15 PM The Tent

A spirited service chanted all in Hebrew, including full Torah reading, *d'var torah*, and *musaf*. Led by Aryeh Bernstein and Emma Kippley-Ogman. Bettyrose Nelson will offer the *d'var torah*.

B'khol ha'Lev Egalitarian Davening: Where our Hearts and our Words are One

9:15 AM - 12:15 PM GCC 1877 Club

Led by Aliza Arzt, Shalom Flank, Meredith Porter, Josh Schreiber Shalem, Joanna Brown

A spirited Shabbat morning Shacharit and Torah service. We will be using Siddur Birkat Shalom of Havurat Shalom, which features gender-balanced language in both Hebrew and English.

Embodied Prayer

9:30 - 10:15 AM GCC Room D

Led by Bracha Laster

Gentle movement with selections from Shacharit, open to ages 8 and up

Singing Praises: Chanting and Singing for the Earth

9:30 - 10:15 AM Meet outside Hawk Hall by the bridge Tiferet Nashman

Hold it Up to the Light: Illuminating our Prayers through Poetry, Story and Song

10:30 AM - 12:15 PM Konover

Join our Liturgist-in-Residence Ellen Dreskin for an innovative dive into the liturgy through <code>iyyunim/kavanot</code>, new melodies (there will be guitar), interactive spontaneous prayer moments, and an interpretive Torah reading including the opportunity to chant "<code>Hazak hazak v'nithazek</code>" as we complete the book of <code>Bamidbar/Numbers</code>.

Programming for families with children

Tamily Shabbat Morning Service geared to families with children 6 and under

9:45 - 10:45 AM GCC Room C

Led by Devora Rohr

A participatory Shabbat morning service that joyfully fosters family connection. Come sing, move, and pray! ()

© Family Kiddush. Kiddush and snack for both family services 10:45 - 11:10 AM GCC Room C

७Torah and Chocolate: Torah Study for families with older kids (all ages welcome)

11:15 AM-12:15 PM GCC Room C Led by David Zvi Kalman

Lunch

noon - 2 PM

Post lunch impromptu singing

1:45 - 2:45 PM Dining Hall

The Age of Wisdom: Celebrating reaching 80

12:30 - 1:30 PM Dining Room Annex

A Shabbat lunch celebration of wisdom, celebrating the Torah of our elders over lunch. All are welcome!

Daf Unbound Viewing

1:45 - 2:15 PM Hawk Hall, 1st floor

Stop by to meet with our Artists in Residence, Eli Kaplan Wildman and Tikva Hecht, and see the results of our week of communal creation, which we began Monday night.

Modern Antisemitism and the Dejudaization of Diaspora Jewry: an anti-racist analysis of antisemitism across the political spectrum.

1:45 - 2:45 PM Hawk Hall 115

Part 2, Hollander Social Justice Fellow Program with Tali David

For those who attended Part 1, an exploration of the connection between antisemitism and Zionism (from "The Jew Problem" to the current political climate).

Sofer Chat: Learn about this year's Institute logo

1:45 - 2:45 PM Hawk Hall Lounge

Kevin Hale and Josh Soref

Come learn about the process for designing this year's logo with *sofer* Kevin Hale and core team member Josh Soref. We will study the logo as a text and explore what this image conveys to us about our theme, *Hazak*, *hazak v'nithazek*.

Swimming

2 - 4 PM at Mary Baker Stanley Pool

©Cooperative childcare

2 - 5:45 PM Hawk Hall 2nd floor lounges

Organized by parents

3 - 4 PM Shabbat Afternoon Workshops

Institute and Beyond: Diving into Experiential Judaism

GCC 1877

Abby Bellows

How does a collection of progressive Jews, spread across the country, build community together? How could you help make a retreat like Institute happen in the future? This workshop will be an opportunity to peer behind the scenes of the NHC to learn more about how the magic happens and how you might want to get involved.

Stories and Songs to Move Our Souls

Hawk 106

Ilan Glazer

Once upon a time there was a bullfrog, a mirror, a magic pomegranate, an apple, a niggun, a sage, and a water-carrier waiting to share their stories with you. Their wisdom is the secret of life, ready to be revealed. They yearn for you to hear it, hold it, embrace it, and dance in the flow of life. Can you hear them singing? Will you join in?

Long-term Israel Programs KF room in Library

Bob Tabak

After the Six Day War in 1967, the number of young American Jews on long-term programs in Israel grew from dozens to thousands. Living in Israel for many months is different than a 10-day tour. These programs include university study abroad, as well as yeshivot, kibbutz *uplan*, work study like WUJS, and post-high school gap years. Bob Tabak will briefly share some of his research (and personal experience) from the 1967 to 1973 era, and open discussion on two topics: 1) what were these long-term experiences like in different periods? and 2) what impact did these Israel stays have on American Judaism?

Ex 23:9, Do "you know The Heart of a Stranger"? GCC Room D

Janet Hollander & Aliza Arzt

"You shall not oppress a stranger, for you know the heart of a stranger [Y'daatem et'nefesh hager], having yourselves been strangers in the land of Egypt." Each of the three Hebrew words y'daatem, et'nefesh, and hager holds worlds of meaning. We will look at common current understandings, Orthodox Rabbinic commentaries, and contexts in Torah that shift our understanding of each word and its place in this text, in search of the bridge between us and not-us.

Mordecai Kaplan's critique of the chosen people doctrine: significance for contemporary liturgical choices

Hawk 115

Darius Sivin

We will compare traditional and Re-constructionist texts for Aleynu, Torah blessings, kiddush, and Havdalah and discuss the philosophical reasons for the differences.

Calling All Career-Changers: a discussion on starting over in midlife

GCC Room C

Dale Rosenberg

Did you decide what you want to be when you grow up long after you were already grown? Did you leave a successful and longstanding career to go back to school and embark on a new adventure? Is that something you think about but don't feel it's feasible, financially or emotionally? Are you neck deep in a new career while your friends are talking about retirement? Come to this workshop for a facilitated discussion about changing careers at middle age and beyond.

4:15 - 5:45 PM Course Sampler

Was there class that you were interested in but couldn't attend? Some of the teachers are generously sharing samples of their classes so you can have a peek.

Sampler 1

Hawk Hall Lounge

"Reflections on Pirkei Avot" (Joe Rosenstein) 30 minutes

"The Torah Case for Reparations" (Aryeh Bernstein) 30 minutes — Biblical and rabbinic texts of the Israelites' taking of property on the way out of Egypt as reparations of their slave labor

"Arise and Walk" (Jonah Steinberg) 30 minutes

Sampler 2

GCC Room D

"Have Shatnez, Will Travel" (Neil Litt) 45 minutes — Westerns are like Talmud wrestling with the meaning of law in a place of exile. Paladin, the hero of Have Gun Will Travel, wore a black hat in more ways than one. Come see the gunslinger deeply versed in Jewish texts.

"What's so funny about 'Seinfeld' and 'Curb Your Enthusiasm'?" (Roberta Rosenberg) 45 minutes — How has Jewish comedy responded to the circumstances of contemporary America?

Note: This sampler uses electronic audiovisuals.

Sampler 3

Club 1877

"Jewish Liturgy as Visualization Text: Re-encountering Prayer Using Tibetan Buddhist Pedagogy and Practices" (Ira Zuckerman) 45 minutes — Investigations on why we come together to pray, along with strategies for engaging prayer authentically by using visualization, especially drawing upon pedagogy and insight from the Tibetan Buddhist tradition.

"Awakening Through Jewish Meditation" (Brian Yosef Schachter-Brooks) 45 minutes — Participants will receive a direct taste of awakening through transformational teaching, heart-opening Hebrew chanting, and deep silence.

Sampler 4

Tent

"Commedia Del'Agadda: Midrash As Structured Improvisation" (Yavni Bar-Yam) 45 minutes

"Four Faces of Shir HaShirim (Song of Songs)" (Aliza Arzt) 45 minutes — It's Shabbat, a time when we read Song of Songs. Come learn one or two evocative verses and sing lovely songs.

Sampler 5

Hawk Hall 115

"Everyone Needs Recovery: Only Some Are Brave Enough to Admit it" (Ilan Glazer) 45 minutes — "Cultivating the *Middot* (Values) of Kindness (*Hesed*) and Gratitude (*Hakarat HaTov*): *Mussar* Practice" (Jacob Staub) 45 minutes

Sampler 6

Private Dining Room

"Climate change: What's a Jew to do?" (Madeline Hirschland) 45 minutes "Let's Play Jew..." (Josh Eisenberg) 45 minutes — Let's pull back the curtain on portrayals of Jews in the canon of dramatic literature.

Early Dinner Seating

5:45 - 6:15 PM Dining Hall

Shabbat Mincha

6 - 6:30 PM Hawk Hall Lounge



6:15 - 7:15 PM Dining Hall

Artist Sharing: Connecting with our Spiritual Ancestors and Teachers through Talleisim

7:15-8:15 PM in Hawk Hall Lounge

Elissa Yaffe Cohen

In the Jewish mystical tradition, humans were initially created as radiant beings, pure light, and then God "dressed" us in tangible, earthly skins. Our souls are also said to be dressed; indeed, the entire world is clothed in garments. Elissa has crafted a collection of over 40 *talleisim*, garments of our spiritual ancestors, including Moses, Miriam, Ruth, Rabbi Akiva, Rav Kook, Hannah Senesh, and many others. Stop by to encounter, and possibly try on, one of these *talleisim*, and open up to new possibilities of heart connection with our ancestors.

Class Presentations

7:15 - 8:15 PM, locations to be announced

Seuda Shlishit Singing

7:15 - 8:30 PM 1877 Club Led by Russ Agdern

Evening Childcare

7:15 - 10:30 PM

Ma'ariv

8:30 - 8:45 PM Hawk Hall 106

Havdalah

8:50 - 9:20 PM Alumni Patio (rain location: Tent)

Our whole community gathers for song and ritual to usher out Shabbat.

Early Departures Check-out

9 - 10:30 PM at Summer Housing Office

Late night activities

The Daf Unbound: Exploring Our Communal Talmud Page 9-9:30 PM at Hawk Hall First Floor

Eli Kaplan-Wildman and Tikva Hecht

Stop by to meet with our Timbrel Artists-in-Residence to explore the communal Talmud page that we have created throughout the week.

Impromptu Music Jam

9:30 - 10:30 PM in in Tent

Bring your instruments and voices to the tent for a last jam together before the end of Institute.

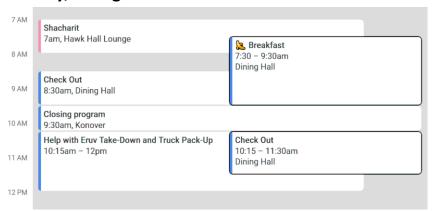
Sea Shanties Sing

10:00 PM until the cows come home on the dock on far side of Konover

Transition from Shabbat on the water -- or at least on a dock -- and traditional song. "Sea Shanty" here is pretty broad; our focus is on informal participatory singing (think call-and-response, choruses people can catch, and verses folks can add in or make up along the way) with a general topic of the sea, water, boats, drinks, or at least the color blue. Labor hymns, spirituals, and other traditional songs also welcome.

Note: We expect this gathering to embody the values of our community. These genres of song sometimes include disrespectful or demeaning references to people of various genders and backgrounds. Please pay attention to your lyrics and be respectful. If you wouldn't say something in an NHC discussion, please don't sing it here either.

Sunday, 4 August



Shacharit

7 - 8 AM Hawk Hall Lounge

& Breakfast

7:30 - 9:30 AM Dining Hall

Check Out

8:30 - 9:30 AM Dining Hall

Closing program

9:30 - 10:15 AM Konover

L'hitraot, See you soon! The week draws to a close, and we reflect on all we've learned, with plans to gather again next year!

Check Out

10:15 - 11:30 AM Dining Hall

Help with Eruv Take-Down and Truck Pack-Up 10:15 - noon

תודה רבה | Todah rabbah | אדאנק | Adank | Grasyas | Thank you

Thank you to these donors who have given money to the NHC in the past year. Our community is sustained by contributions of both money and time. Thank you for all that you give!

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Margaret Aylward

After Institute 2019

Evaluations

Your feedback is important for planning the 2019 Institute. You will find an evaluation in your inbox on Sunday, at the end of the Institute. Please complete your evaluation as soon as you get it! Paper evaluation forms are available from the Office upon request. During the week, feedback may be dropped in the comment envelope at the office. All suggestions are taken seriously.

Next Year's Institute

Preparations are underway for next Summer's Institute! Put your personal stamp on next year's Institute by getting involved in the planning committees. Contact volunteer@havurah.org. If you have a topic you're eager to delve into or a teacher to recommend, be in touch with the Course Committee at courses@havurah.org

Regional retreats

Join us at a regional retreat!

New England retreat

December 13-15, 2019, Camp Ramah in Palmer, MA Contact ne-retreat@havurah.org to get involved.

Chesapeake retreat

February 28-March 1, 2020, Pearlstone Retreat Center in Reisterstown, MD. Contact chesapeake-retreat@havurah.org to get involved.

Post-Institute gatherings

Returning to our regular lives can be difficult. We miss our friends, singing, energy, laughter, and *ruach* (spirit). If you know of a minyan, havurah, or activity that will be happening in the weeks right after the Institute, invite us to join you using the NHC-Havurah mailing list.

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